

# Comprehensive Rehabilitation Program in Cuba. Main results of a decade

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Cuba is a country of eleven million people, with, free and accessible to 100% of the Cuban national health care system. There are three levels of care comprehensive rehabilitation program being present in the same, well-defined for each service level and 613 total goals.

Rehabilitation services are comprised of various medical specialties that are responsible for health promotion, prevention of disability and motor, psychosocial and work partner of the individual rehabilitation and family in the different age groups, there subprograms home and community rehabilitation. Today we prepare to face the great challenge of our aging population and improve the quality of life of Cubans.

This work allows to present the main results of this program in the last decade, for which a retrospective exploratory study of data collected by the National Statistical System in the period from 2007 to 2017, which allowed us to evaluate was made, some aspects of the operation of rehabilitation services and its impact on the health picture of the Cuban population. We conclude that this program has successfully responded to in a decade an average of more than 9 million patient days, with high quality and satisfaction.