

# Recovery of children in the mountain resort of Kazakhstan

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<sup>(1)</sup>Children's Clinical Sanatorium "Alatau", Kazakhstan

Clinical sanatorium "Alatau" is the only children's somatic sanatorium of the Republican level.

The basic profile - Bronchial asthma.

1. General description of the "Alatau" sanatorium: Territory, climate.
2. Educational work: Cultural events, learning English, children's activities, games, city tour
3. Healing procedures: shungite therapy, Hydrotherapy, light therapy.
4. Efficiency of children's health improvement.